



BFTA
BRITISH FIELD TARGET ASSOCIATION



No other use of the Kneeling Roll when adopting the Kneeling Position is allowed.

The Rear Foot, when viewed from the rear should be vertical in appearance. The Rear Foot is allowed to be angled so the ankle joint can be closer or further from the ground as desired. The toes can be bent or flat.

If the Kneeling Roll is not underneath the ankle joint, the ankle joint must not be in contact with the ground or appear to be in contact with the ground.

On the Leading Hand, in the front of the wrist joint, only the Leading Hand or Glove should contact the rifle, or appear to contact the rifle.

On the Leading Hand and Leading Arm, any parts of the Glove and/or other clothing behind the wrist joint should not contact the rifle or appear to contact the rifle.

The Kneeling Roll must be directly under the ankle with the excess to the outside.

The Knee must contact the ground.

No part of the Kneeling Roll can touch, or appear to touch, any of the following; Thighs, Buttocks, Front Foot.



The knee is not in contact with the ground



The Kneeling Roll appears to touch foot, excess of Kneeling Roll not to the outside



The Kneeling Roll appears to touch buttocks



Foot not clearly visible



The hand is not unsupported



Rifle resting on forearm



Clothing past the wrist joint appears to touch rifle



The rear foot is not vertical